



England Rugby Insurance Centre

These are your answers for the Changing Rooms assessment.

COMPLETED BY:

Steve Park

Changing Rooms

Started: 12/11/2018 09:42am

Completed: 12/11/2018 10:01am

| # | HAZARD & RISK | RESPONSE | CONTROL MEASURE |
|---|---|----------|-----------------|
| 1 | <p>Slip, trips, falls in wet areas such as showers</p> <p>Is non-slip flooring provided in the showers and changing rooms?</p> <p>Who will be affected?</p> <p>club members, coaches, educators, visitors & third parties</p> <p>How will they be affected?</p> <p>Sprains, fractures, cuts, bruises</p> | Yes | N/A |

| # | HAZARD & RISK | RESPONSE | CONTROL MEASURE |
|---|--|----------|--|
| 2 | <p>Slip, trips, falls in wet areas such as showers</p> <p>Is the flooring regularly inspected with details of the inspections formally recorded to ensure the flooring is in good condition at all times?</p> <p>Who will be affected?</p> <p>club members, coaches, educators, visitors & third parties</p> <p>How will they be affected?</p> <p>Sprains, fractures, cuts, bruises</p> | No | <p>There is anti-slip flooring in the changing rooms and floors of the showers at the Rugby Club. The flooring in these areas is not regularly inspected or formally recorded by the Rugby Club. See statement in action plan.</p> |
| 3 | <p>Hot water at taps and showers</p> <p>Is hot water at hand washing basins identified with warning signs?</p> <p>Who will be affected?</p> <p>Club members, coaches, children, staff, visitors</p> <p>How will they be affected?</p> <p>burns and scalding</p> | N/A | <p>The hot water temperature is acceptable. The hot water outlets have thermostatic mixer valves on them.</p> |

| # | HAZARD & RISK | RESPONSE | CONTROL MEASURE |
|---|---|------------------|--|
| 4 | <p>Hot water at taps and showers</p> <p>Why is this not applicable?</p> <p>Who will be affected?</p> <p>Club members, coaches, children, staff, visitors</p> <p>How will they be affected?</p> <p>burns and scalding</p> | Cold only supply | N/A |
| 5 | <p>Hot water at taps and showers</p> <p>Are thermostatic showers available?</p> <p>Who will be affected?</p> <p>Club members, coaches, children, staff, visitors</p> <p>How will they be affected?</p> <p>burns and scalding</p> | Yes | The Rugby Club recognises that there is a risk of serious scalding if the water temperature at showers is not controlled to an acceptable temperature. Thermostatic showers have been provided so that hot and cold water supplies are mixed to an acceptable temperature. |
| 6 | <p>Storing hot and cold water</p> <p>Does the Rugby Club have a Legionella Risk Assessment?</p> <p>Who will be affected?</p> <p>Club members, coaches, children, staff, visitors</p> <p>How will they be affected?</p> <p>Legionnaires Disease</p> | No | See statement in action plan. |

| # | HAZARD & RISK | RESPONSE | CONTROL MEASURE |
|---|--|----------|--|
| 7 | <p>Storing hot and cold water</p> <p>Are little used outlets flushed (purged) weekly? e.g. Taps in cleaners rooms which aren't used weekly, toilets, showers that aren't used weekly, taps in disabled toilets that aren't used often?</p> <p>Who will be affected?</p> <p>Club members, coaches, children, staff, visitors</p> <p>How will they be affected?</p> <p>Legionnaires Disease</p> | N/A | The Landlord is responsible for managing Legionella. |
| 8 | <p>Storing hot and cold water</p> <p>Are shower heads & hoses de-scaled & disinfected quarterly?</p> <p>Who will be affected?</p> <p>Club members, coaches, children, staff, visitors</p> <p>How will they be affected?</p> <p>Legionnaires Disease</p> | No | See statement in the action plan. |

| # | HAZARD & RISK | RESPONSE | CONTROL MEASURE |
|----|---|----------|---|
| 9 | <p>Storing hot and cold water</p> <p>Are water temperatures taken each month at Sentinel taps?</p> <p><i>Who will be affected?</i></p> <p>Club members, coaches, children, staff, visitors</p> <p><i>How will they be affected?</i></p> <p>Legionnaires Disease</p> | N/A | The Landlord is responsible for managing Legionella. |
| 10 | <p>Storing hot and cold water</p> <p>Where cold water is stored in tanks, is the water temperature checked at least every 6 months?</p> <p><i>Who will be affected?</i></p> <p>Club members, coaches, children, staff, visitors</p> <p><i>How will they be affected?</i></p> <p>Legionnaires Disease</p> | N/A | The landlord is responsible for managing Legionella. Cold water is mains fed and not stored in tanks. |

| # | HAZARD & RISK | RESPONSE | CONTROL MEASURE |
|----|--|------------------------|--|
| 11 | <p>Storing hot and cold water</p> <p>Why is this not applicable?</p> <p>Who will be affected? Club members, coaches, children, staff, visitors</p> <p>How will they be affected? Legionnaires Disease</p> | Main water supply only | N/A |
| 12 | <p>Storing hot and cold water</p> <p>Where hot water is stored in calorifiers, is the water temperature checked every month?</p> <p>Who will be affected? Club members, coaches, children, staff, visitors</p> <p>How will they be affected? Legionnaires Disease</p> | N/A | The landlord is responsible for managing Legionella. Hot water is not stored, it is provided from point of use taps. |

| # | HAZARD & RISK | RESPONSE | CONTROL MEASURE |
|----|---|--|--|
| 13 | <p>Storing hot and cold water</p> <p>Why is this not applicable?</p> <p>Who will be affected? Club members, coaches, children, staff, visitors</p> <p>How will they be affected? Legionnaires Disease</p> | <p>Specialist electric water heat pre-set at 60C, water permanently maintained at this temperature. Water outlet at shower head checked at 43C November 2018</p> | <p>N/A</p> |
| 14 | <p>Soiled dressings post matches</p> <p>Are facilities provided within the changing rooms to safely dispose of soiled dressings / bandages?</p> <p>Who will be affected?</p> <p>Staff, coaches, club members, visitors, third parties (cleaners)</p> <p>How will they be affected?</p> <p>Cross infection from blood borne diseases / viruses / infections</p> | <p>N/A</p> | <p>Teams are advised to dispose of their own soiled dressings.</p> |

| # | HAZARD & RISK | RESPONSE | CONTROL MEASURE |
|----|--|--|-----------------|
| 15 | <p>Soiled dressings post matches</p> <p>Why is this not applicable?</p> <p>Who will be affected? Staff, coaches, club members, visitors, third parties (cleaners)</p> <p>How will they be affected? Cross infection from blood borne diseases / viruses / infections</p> | <p>Signs placed in changing room requesting players to take any soiled dressings away with them.</p> | N/A |
| 16 | <p>Soiled dressings post matches</p> <p>Are first aid kits available in the changing rooms or first aid room to treat injured players?</p> <p>Who will be affected? Staff, coaches, club members, visitors, third parties (cleaners)</p> <p>How will they be affected? Cross infection from blood borne diseases / viruses / infections</p> | Yes | N/A |

| # | HAZARD & RISK | RESPONSE | CONTROL MEASURE |
|----|--|------------|--|
| 17 | <p>Soiled dressings post matches</p> <p>Are the kits fully stocked and contents in date?</p> <p>Who will be affected?</p> <p>Staff, coaches, club members, visitors, third parties (cleaners)</p> <p>How will they be affected?</p> <p>Cross infection from blood borne diseases / viruses / infections</p> | Yes | <p>The rugby Club recognises the risks involved with playing the sport. First aid provision is subject to a separate risk assessment. First aid equipment is provided in the changing rooms/ first aid room. The sterile items and contents are checked regularly to ensure the kits are well stocked and in date.</p> |
| 18 | <p>Soiled dressings post matches</p> <p>State expiry date on the sterile first aid items</p> <p>Who will be affected?</p> <p>Staff, coaches, club members, visitors, third parties (cleaners)</p> <p>How will they be affected?</p> <p>Cross infection from blood borne diseases / viruses / infections</p> | 30/11/2019 | N/A |

| # | HAZARD & RISK | RESPONSE | CONTROL MEASURE |
|----|--|----------|--|
| 19 | <p>Electricity</p> <p>Are electrical circuits in the changing rooms / showers protected by residual current devices?</p> <p>Who will be affected?</p> <p>Club members, coaches, staff, third parties</p> <p>How will they be affected?</p> <p>Burns, electric shock, fire</p> | Yes | The Rugby Club is aware that in areas where there are showers the 17th Edition Wiring Regulations require the circuits to be protected by way of RCDs. |
| 20 | <p>Electricity</p> <p>Is lighting in the shower area IP rated?</p> <p>Who will be affected?</p> <p>Club members, coaches, staff, third parties</p> <p>How will they be affected?</p> <p>Burns, electric shock, fire</p> | Yes | The Rugby Club is aware that in areas where there are showers, 230v lighting is acceptable in the wet zones so long as it is IPX4 rated. In accordance with the 17th Edition Wiring Regulations the Rugby Club has provided / installed IP rated lighting in the wet zones of showers. |

| # | HAZARD & RISK | RESPONSE | CONTROL MEASURE |
|----|---|---|-----------------|
| 21 | <p>Electricity</p> <p>Are players, coaches and officials advised not to take electrical items into wet areas?</p> <p>Who will be affected? Club members, coaches, staff, third parties</p> <p>How will they be affected? Burns, electric shock, fire</p> | N/A | N/A |
| 22 | <p>Electricity</p> <p>Why is this not applicable?</p> <p>Who will be affected? Club members, coaches, staff, third parties</p> <p>How will they be affected? Burns, electric shock, fire</p> | no consumer electrical outlet in the shower block | N/A |

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