



### **PVRFC Health and Safety Policy Statement**

The club is strongly committed to encouraging its members and youth players to train and compete. However, the health, well-being and safety of each individual is always the club's paramount concern.

PVRFC are committed to the following :

- Undertake regular, recorded risk assessments of the club premises and all activities undertaken by the club
- Create a safe environment by putting health and safety measures in place as identified in the risk assessments
- Ensure that all senior players are given the appropriate level of training and competition by regularly assessing individual ability dependent on age, maturity and development
- Ensure that all players are aware of, understand and follow the club's health and safety policies.
- Ensure that normal and emergency procedures are in place and known by all players
- Provide access to adequate first aid facilities
- Report any injuries or accidents sustained during any club activity or whilst on club premises

Club Members and Youth Players are expected to :

- Take reasonable care of their own health and safety and that of others who may be affected by what they may do or not do.
- Co-operate with the club on health and safety issues
- Correctly use any equipment provided by the club
- Not interfere with or misuse anything provided by the club for individual or collective health, safety or welfare