



PVRFC Off Field Health and Safety Policy

Hazard	Who might be harmed and how	Control Measures	Notes/Action Plan
Electricity	<p>Club members, contractors</p> <p>Harm: Burns, electric shock, heart attack, fatality</p>	<ul style="list-style-type: none"> All work on the electrical installation is carried out by competent electrical contractors The electrical installation is subject to regular inspection and testing to ensure that it is maintained in a 'safe' condition Portable appliances which members of staff and / or volunteers will use are regularly PAT tested Electrical distribution boards are locked to prevent unauthorised access 	<p>Fishlock & Dyer</p> <p>Annual inspection by Fishlock & Dyer Outside unit is loose and spare wire needs checking to see if it is live.</p> <p>Annual inspection by Fishlock & Dyer</p> <p>Not lockable, but are at 3m height.</p>
BBQs	<p>Volunteers, club members, visitors, young children</p> <p>Harm: Burns, cuts, sunstroke, dehydration</p>	<ul style="list-style-type: none"> All Summer events are planned to ensure there are sufficient numbers of first aiders on site for the number of people predicted to attend the event Suitable first aid kits are provided and located at a reasonable distance for quick access The BBQ (gas or charcoal) is sited away from main walkways and buildings The area around the BBQ is protected to prevent unauthorised access Where glasses and glass bottles are allowed externally suitable means of collecting broken glass has been provided 	<p>Responsibility of Social Committee</p> <p>2 kits available</p> <p>Conform</p> <p>Conform</p> <p>Can and plastic glasses only</p>
Working at height	<p>Volunteers, contractors</p> <p>Falls</p>	<ul style="list-style-type: none"> Competent contractors appointed for any high-risk work at height e.g. 	<p>Specialist contractors eg hiring cherry picker plus operator.</p>

	Harm: fractures/ sprains/ head injury/fatality	<p>externally for re-roofing, rainwater goods, floodlights etc.</p> <ul style="list-style-type: none"> • Low level work at height will be carried out by staff / volunteers where deemed appropriate and competent • Access equipment suitable for the task will be chosen • Access equipment maintained and inspected where necessary • Work from ladders will be short duration only • Ladders to be footed at all times 	<p>Conform – small step ladder only</p> <p>Small step ladder only</p> <p>Small step ladder</p> <p>Conform</p> <p>Conform</p>
Footpaths and car parks	<p>Club members, contractors, visitors / members of the public</p> <p>Slip, trip, falls</p> <p>Harm: sprains/ strains, fractures</p>	<ul style="list-style-type: none"> • Car parks are routinely inspected to ensure they are maintained in a safe condition • External lighting is regularly checked to ensure the car parks and footpaths are suitably illuminated to ensure safe passage to and from the car park • Vegetation protruding onto footpaths or making footpaths slippery due to growth of moss is cut back and moss removed accordingly • Pot holes are filled as and when identified • Step height changes are marked and identified • Handrails on steps and stairs are provided and maintained in good order 	<p>Conform – in good shape</p> <p>Lights on timer</p> <p>Conform</p> <p>None as of 11/18</p> <p>N/A</p> <p>N/A</p>
Incorrect use of chemicals for pitch maintenance	<p>Grounds maintenance volunteers / members / players</p> <p>Ingestion / inhalation/ Absorption</p> <p>Harm: poisoning, loss of consciousness, burns, eye injuries, respiratory problems</p>	<ul style="list-style-type: none"> • COSHH assessments are available for the pesticides, herbicides for use in the pitch maintenance • Chemicals are stored securely in accordance with the safety data sheets and COSHH assessments • Grounds maintenance team / operatives have received training on the correct use and application of pesticides / herbicides • The correct equipment is available for the 	<p>Specialist contractors</p> <p>N/A</p> <p>N/A</p> <p>N/A</p>

		<p>application of the chemicals</p> <ul style="list-style-type: none"> Personal protective equipment is provided to the ground's maintenance volunteers 	Conform
<p>Use of grounds maintenance machinery</p>	<p>Grounds maintenance volunteers</p> <p>Harm: laceration, shear, cuts, significant loss of blood, shock, loss of consciousness</p>	<ul style="list-style-type: none"> Volunteers will only use machinery which they have been trained to use and are considered to be competent to use Grounds maintenance machinery / equipment is regularly maintained to ensure that it is in good working order at all times Machinery is used in the correct weather conditions Pitches are inspected pre-cutting and treatment to identify any glass or items which could interfere with the machine and create flying particles if hit with lawn mowers for example Appropriate equipment is available for the removal of hypodermic needles and safe disposal Personal protective equipment relevant to the task in hand and as identified in the risk assessment is provided 	<p>Conform – trained by equipment supplier</p> <p>Mower blades need replacing</p> <p>Conform</p> <p>Conform</p> <p>N/A Litter picker device will be used if ever this was a problem</p> <p>Conform</p>
<p>Changing rooms / showers /toilets</p>	<p>Club members, players, visitors</p> <p>Slip, trip, fall Biohazard</p> <p>Harm: fractures, head injury, sprains, strains Cross infections</p>	<ul style="list-style-type: none"> Flooring in the toilets, showers and changing rooms are routinely inspected to ensure that they are maintained in a good order Drainage is in place and maintained to allow excess water to drain away Anti-slip flooring is provided in typically 'wet' areas Barrier matting is in place at the entrance to changing rooms and toilets where players access from outside and will be wearing boots which may be wet Signs are posted for all players to take home and dispose of all soiled dressings / bandages. 	<p>Floor at home team entrance requires attention</p> <p>Conform</p> <p>Conform</p> <p>Matting needs to be provided</p>

<p>Water Hygiene and Safety</p>	<p>Club members, players, visitors</p> <p>Harm: Legionella infection, possible death. Scalds</p>	<ul style="list-style-type: none"> • Thermostatic shower valve is installed so that hot and cold water supplies are mixed to an acceptable temperature • Caution hot water signs are displayed at the hand washing basins in the changing rooms • The shower heads and hoses are de-scaled and disinfected on a quarterly basis to prevent a build-up of scale in which legionella bacteria can grow. Formal records are kept detailing when the de-scale and disinfection is done and by whom. • Water temperatures are taken each month at Sentinel outlets • Little used taps are purged monthly • A legionella risk assessment on the hot and cold water systems has been carried out in the last two years. 	<p>Temperature tested 11/18 at 43C</p> <p>Cold water only supply to wash basins</p> <p>Shower heads and fixings need attention. Quarterly descaling and disinfection needs to start and record in water hygiene log.</p> <p>Need to start this and record in water hygiene log.</p> <p>Need to start this and purge all taps after summer break. Specialist hot water heater permanently switched on stores water at 60C Cold water is incoming main.</p>
<p>Broken glass / bottles</p>	<p>Club members, players, visitors</p> <p>Harm: Laceration, cuts</p>	<ul style="list-style-type: none"> • Broken glass is removed using appropriate means as soon as noticed • Glass bins provided and regularly emptied • Appropriate personal protective equipment (PPE) is provided • Glass policy for drinking outside is in place and adhered to 	<p>N/A</p> <p>N/A</p> <p>N/A</p> <p>N/A</p>