



## PVRFC Coaching Standards and Policy

Pewsey Vale Rugby Club (PVRFC) is a small but growing rugby club with big ambitions. Whilst our standards are high and ambitions lofty, we cherish the fact that the club is built on the bed rock of community volunteers looking to make a difference to their community. All members of the Club, Players, Coaches and Parents alike are committed to achieving our objectives.

### **PVRFC Principal Objectives:**

- *To create a safe, enjoyable but challenging environment to allow all players (both adults and children) to reach their potential.*
- *To develop a community led rugby club to provide a safe home for all in the Pewsey Vale to enjoy and develop their passion for the game, whether volunteering, coaching or playing.*
- *To develop the ethos of good sportsmanship in an environment that encourages self-discipline and respect for other teams' players and match officials.*
- *To create an environment with an emphasis on performance rather than one of results, where all players have an equal opportunity to take part in games.*
- *To create a structured player coaching pathway to develop players through the age groups with the aim of establishing continuity that results in progression to adult rugby.*
- *To support the development of coaches (through formal and informal training) in order to improve player development.*

Rugby has long had a unique culture with millions over the years who have grown up with a passion for playing and watching the game. PVRFC is dedicated to continuing the development of that unique culture for many years to come.

The volunteer role in the club that has more impact than any other on the development of player's, children and adults alike, is a coach. PVRFC expect that all coaches act as a role model and display the core values of Rugby at all times.

“Children Learn what they live”

“Coaches facilitate a significant part of this learning and have a big responsibility to develop an environment that enriches the lives of people”.

### **Rugby's Core Values**

Rugby's values of Teamwork, Respect, Enjoyment, Discipline and Sportsmanship are what make the game special for those who enjoy the environment and culture they create. They define the game and define English Rugby.

### **Teamwork**

Teamwork is essential to our sport. We welcome all new team members and include all because working as a team enriches our lives. We play selflessly: working for the team, not for ourselves alone, both on and off the field. We take pride in our team, rely on one another and understand that each player has a part to play. We speak out if our team or sport is threatened by inappropriate words or actions.

### **Respect**

Mutual respect forms the basis of our sport. We hold in high esteem our sport, its values and traditions and earn the respect of others in the way we behave. We respect our match officials and accept their decisions. We respect opposition players and supporters. We value our coaches and those who run our clubs and treat clubhouses with consideration.

### **Enjoyment**

Enjoyment is the reason we play and support Rugby Union. We encourage players to enjoy training and playing. We use our sport to adopt a healthy lifestyle and build life skills. We safeguard our young players and help them have fun. We enjoy being part of a team and part of the rugby family.

### **Discipline**

Strong discipline underpins our sport. We ensure that our sport is one of controlled physical endeavour and that we are honest and fair. We obey the laws of the game, which ensure an inclusive and exciting global sport. We support a disciplinary system, which protects our sport and upholds its values. We observe the sport's laws and regulations and report serious breaches.

### **Sportsmanship**

Sportsmanship is the foundation upon which Rugby Union is built. We uphold the rugby tradition of camaraderie with teammates and opposition. We observe fair play both on and off the pitch and are generous in victory and dignified in defeat. We play to win (but not at all cost) and recognize both endeavour and achievement. We ensure that the wellbeing and development of individual players is central to all rugby activity.

## **Coaching Standards and Policy at PVRFC**

### ***The Club will...***

- maintain and publish the details of a safeguarding officer who will oversee and implement the Clubs safeguarding policy.
- provide club coaches with opportunities to attend RFU CPD courses.
- ensure that all coaches attain the following minimum standard;
  - completed DBS check
  - completed Rugby Ready training course
  - completed Head Case training courseprior to being able to coach a group on their own

- ensure that equipment, grounds and facilities are provided and maintained to the required standards.

***Coaches will...***

- provide a safe environment which challenges players with the emphasis on fun and enjoyment
- give players the opportunity to develop in a variety of positions in line with their physical ability and skill level and is consistent with their long-term development.
- ensure that all players are given an equal opportunity for playing time during the season
- create a challenging coaching environment, which will help players reach their potential, whilst enjoying their rugby
- act as a positive role model for all members of the club
- ensure the playing or training area is safe and that the risk of injury occurring is reduced prior to any game or training:
  - Check ground conditions - do not play or train if the ground is frozen solid or rock hard due to drought
  - Ensure all posts and barriers on or close to the pitch are protected with appropriate padding
  - Check and ensure the pitch is free from debris.
  - ensure that the pitch or training area is clearly marked with ample distance from the pitch for spectators
- ensure they have plan for managing serious injuries in line with the Clubs serious injury policy

***The Club will measure success by...***

- monitoring player recruitment and retention at each age group
- monitoring coach development through the attainment of RFU and CPD qualification
- measuring the retention of skilled and qualified coaches
- measuring the number of players who continue to play at the senior level